

St. George's Episcopal Church

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CROSSROADS



Volume 2022, Issue 1

Spring, 2022

Welcome back to the newsletter! After a rough two years since our last edition of Crossroads in March of 2020, we're happy to revive this publication to share news, updates, calendars, and more with you. Especially for our folks who are unable to attend worship regularly or at all, we want to share with you and let you know you are still a part of our community. We miss you!

Did you know you can contribute to *Crossroads*? Contact Rev. Lauren to talk about article ideas, or other items of interest you would like to share with our St. George's community. We also welcome any photos you take at St. George's events that we may share in the newsletter and on social media!



A lovely sunset looking out past the parish office.

Upcoming dates of note:

see inside for full calendar and details!

- Ash Wednesday, March 2nd
- Lent begins! Note dates on the calendar for Bible studies, Lenten suppers, and Stations of the Cross.
- Every 4th Saturday is Baby Blessings from 10a-12p
- Palm Sunday, April 10th
- Good Friday, April 15th
- Easter Sunday, April 17th
- 12-step meetings back in full swing

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From the desk of Rev. Lauren

Dear Friends in Christ,

Welcome to the Spring 2022 Crossroads newsletter! We are excited to, once again, revive St. George's newsletter, especially to share with our folks who aren't able to be with us in-person. The journey of communications, especially through Covid, has been challenging. Part of the reason was the frequently shifting and changing landscape of pandemic life and all keeping up with it required. Another part of the reason is that we have not, since shortly after I arrived, had a parish administrator for more than a few hours each week. Still, we did our best

to get things out in the mail and let our folks who are not online know that you are still a part of our community and we are thinking of and praying for you.

Upon our return to in-person worship services, we all noticed a gap between who frequently attended pre-Covid and who is attending now. For various reasons, many of our members have not yet returned. The pandemic isn't over yet and we've watched the ebbs and swells of the numbers for infections, hospitalizations, and deaths. It can make it challenging to decide how to move through our days, to say the least. If you are not with us, we miss you, we understand you aren't ready to come back yet, and our arms and hearts are open to you for when you do.

As we watch the numbers now in a steady decline and listen to the experts as they begin to ease up on restrictions, we are planning out into the year in high hopes that we're over the hump with the pandemic. We're looking ahead to gatherings through Lent and reviving some other events through the year. We hope to see more of you as the days get longer. Yet the effects of the past two years will be with us for some time. We've been through a collective trauma some of us have yet to begin processing. The way we saw the world respond when some of us did everything we could out of love and the interest of the safety of others impacted our faith. We're exhausted and that isn't going away any time soon.

So how do we proceed? Well, first I want you to know I am here for you. My door, physical or virtual, is open to you and I'm happy to schedule a meeting or phone call to talk, or just to listen. We've each had different experiences through Covid and I am not here to judge how you have or have not responded. Whether you are ready to come back or not, I am here. If you've lost faith in your fellow Christians or have new questions about what you believe, I am here. If you don't know how to process what you've experienced these last two years, I am here. If you aren't sure why you would want to return to church or are struggling with the idea, I am here. I am here. I will not try to convince you of anything; I will be present to you and meet you where you are. You can call, text, or email to connect with me.

I also want you to know that your St. George's leadership, in clergy and lay leaders, is moving through a process to be more effective, better live into our call as leaders in the church, and vision a way forward for the next chapter of St. George's life as a parish. This is a process that would've began more than a year ago had the pandemic not interrupted and turned things upside down. I am excited – and I hope you are, too – to engage in this work together as we seek to continue St. George's presence and service in Sanford and the surrounding areas. We've been here more than a century – longer even than Mrs. Bean! – so let's do what we can to live into where we are now and where we hope to be in the future.

May blessings be upon you this day and always.

Faithfully,
Rev. Lauren+

Ways to Observe a Holy Lent with St. George's



*Remember that you are dust,
and to dust you shall return.*

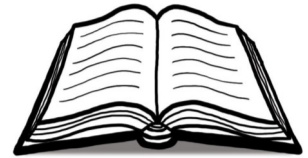
Ash Wednesday Services

- 7-9:00am Ashes to Go in St. George's parking lot (corner of Emerson and Main Streets)
- 12:00pm Ash Wednesday Service in Downtown Center Park followed by Ashes to Go (ashes available until 1pm)
- 6:00pm Ash Wednesday Service at St. George's

Tuesday Lent Bible Study with Rev. Lauren

March 8 – April 5 at 12:15pm

Join Rev. Lauren on Zoom for Bible study. We will discuss the Lectionary readings for the week to expand on our understanding of the scriptural journey through Lent. Please email revlaurenkay@gmail.com for Zoom link.



Thursday Lenten Suppers March 10 — April 7, 6 p.m.

Please join us each Thursday during Lent for a potluck supper and fellowship in the parish hall. Bring your favorite soups, bread, and salads to share. No desserts, please! The evening begins with prayer followed by the meal. A topic discussion will take place during the meal.

Friday Stations of the Cross

March 4 – April 8 at 5:00pm

These in-person services are a concerted effort of love from both St. David's and St. George's to give you a way to meditate and pray with us through Lent. Please refer to the schedule below as to where the services will be held.

- March 4 at St. David's Church - Traditional Service from the Book of Occasional Services
- March 11 at St. George's - Mary's Way of the Cross
- March 18 at St. David's - World View
- March 25 at St. George's - Traditional Service from the Book of Occasional Services
- April 1 at St. David's - Mary's Way of the Cross
- April 8 at St. George's - World View



St. David's is located at 138 York St. (Rt. 1), Kennebunk and St. George's is located at 3 Emerson St. (Rt. 109), Sanford.

Please note that masks are required at all services; N95 or KN95 at St. David's, and a minimum of medical grade at St. George's (no cloth masks). Masks will be on hand at the church for those who do not have them.

For questions, please contact Deacon Jean, jeanc4853@yahoo.com or Karen Perka, kperka@twc.com.

Holy Week at St. George's



Palm Sunday Services April 10th

- 8:30am Palms Procession – Join us as we process through the streets around our church carrying our palms and proclaiming, “Hosanna!” Bring your bongos or djembe drums to lead the procession.
- 9:00am Holy Eucharist – We begin with the Liturgy of the Palms and process into the church from the front lawn.

Maundy Thursday April 14th at 6:00pm

Join us for an Agape Meal to break bread together and share in a feast as the disciples did on their last night with Jesus. The evening begins with prayer followed by the meal. Please sign up for which part of the meal you will bring. The church will provide the bread. Following the meal, Rev. Jean and Rev. Lauren will move to the sanctuary for the stripping of the altar and the beginning of Keeping Watch.



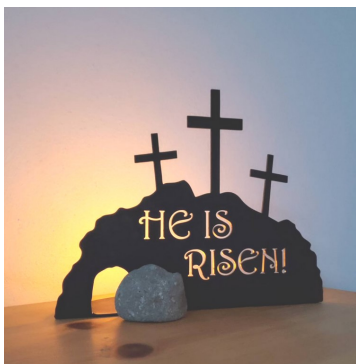
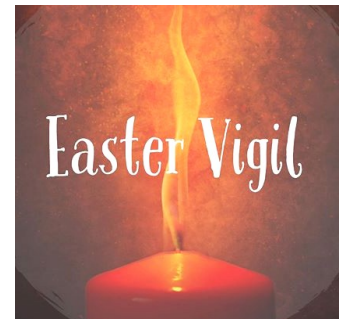
Good Friday April 15th

- 12:00pm Good Friday service in the sanctuary
- 3:00pm Stations of the Cross
- 6:00pm Good Friday service in the sanctuary

Online options will be available for those who cannot attend in person.

The Great Vigil of Easter April 16th at 7:15pm

Join us in the church parking lot for an Easter Vigil service with fire and Renewal of our Baptismal Covenant. Please contact Rev. Lauren if you would like a baptism performed during the Vigil.



Easter Sunday April 17th at 9:00am

We celebrate Holy Eucharist with shouts of “Alleluia, the Lord is risen, indeed!” Bring flowers to place at the foot of the cross.

Birthdays and Anniversaries

We want to celebrate you!

Please be sure to fill out the form at the back of church or email the office to let us know the dates.

We do not have an up to date list and want to be sure we have correct dates for everyone.



She has style, she has class, and she's our deacon! We give thanks for Deacon Jean and all she does for us at St. George's. We're lucky to have her!



Baby Blessings Ministry

St. George's Baby Blessings Ministry is going strong thanks to our dedicated volunteers. Baby Blessings provides support for parents with young children on the fourth Saturday of every month. Donations to Baby Blessings go toward providing diapers, wipes, and Hannaford gift cards. Many thanks to Maria Lantagne and Conrad Grenier who faithfully showed up each month through our Covid closure to ensure this ministry could continue. If you would like to be involved, please contact the church office.

Easter Flowers for April 17th

Remembering and honoring loved ones is a tradition at St. George's on Easter Sunday. Envelopes will be available through Lent in the back of the church, along with a form to fill out with your name as well as the person or persons you are honoring. Final day to return envelopes is April 10th.



Happenings Around St. George's



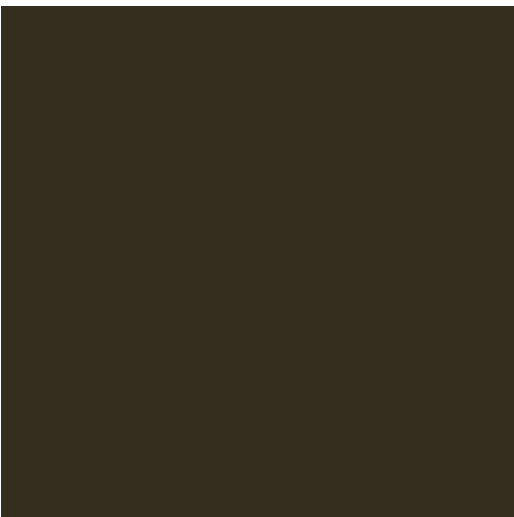
As we returned to physical gatherings over the summer we began to look at what events may be possible and Covid-safe. Under the faithful volunteer leadership of Sara Gauthier, St. George's held its first outdoor craft fair. We had all kinds of vendors with wonderful creations. They all had a great time and expressed interest in participating again in the future.



For the Feast of St. Francis and the Blessing of the Animals Service, Frankie helped serve at the altar.



September saw the return of our semi-annual fifty-cent clothing sale. It went so well we held another sale in November and started talking about setting up an ongoing clothing closet for the community.



St. George's took part in the Friends of Downtown Scarecrow event, one of more than forty scarecrows that were up around the city.



We had some fun dressing up for Halloween. One of our newest members won the costume contest as a ninja and Deacon Jean's dragon costume was a close second!



In November we stuffed hygiene care kits with items such as shampoo, soap, socks, hand warmers, and so much more. But most of all, we stuffed them with prayer and love!



Kits went to Det. Colleen Adams, Sanford PD's detective who works with folks experiencing homelessness, with Rev. Shirley Bowen to Seeds of Hope in Biddeford, who came for a Coffee Hour conversation about Sanford's current homelessness situation. Kits also were given out at the Annual Point in Time Count in January. We stuffed so many kits we still have some on hand to give out when needed.



Bishop Thomas J. Brown came for his Bishop's visitation in December. While with us he prayed over Rev. Lauren in honor of the second anniversary of their ordination to the priesthood.







March 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 AA Noon	2* Ash Wednesday Services at 7a, 12p, and 6p. See notes. AA 6:30 pm	3 AA Noon	4 Al-Anon 10:30 am 5pm Stations of the Cross at St. David's	5
6 Lent 1 Sunday Service 9am	7 AA 6:30 pm	8 AA Noon Lenten Bible Study 12:15p	9 AA 6:30 pm	10 AA Noon Lenten Supper 6pm	11 Al-Anon 10:30 am 5pm Stations of the Cross at St. George's	12  Spring Ahead Men's Breakfast 8am at the Hen House
13 Lent 2 Sunday Service 9am	14 AA 6:30 pm	15 AA Noon Lenten Bible Study 12:15p	16 AA 6:30 pm	17  AA Noon Lenten Supper 6pm St. Patrick's Day	18 Al-Anon 10:30 am 5pm Stations of the Cross at St. David's	19
20 Lent 3 Contemplative Service 9am	21 AA 6:30 pm	22 AA Noon Lenten Bible Study 12:15p	23 AA 6:30 pm	24 AA Noon Lenten Supper 6pm	25 Al-Anon 10:30 am 5pm Stations of the Cross at St. George's	26 Baby Blessings 10a-12p 
27 Lent 4 Sunday Service 9am	28 Pinnacle Service 10:30 am AA 6:30 pm	29 AA Noon Lenten Bible Study 12:15p	30 AA 6:30 pm	31 AA Noon Lenten Supper 6pm		

Notes: Ash Wednesday Services: 7-9am Ashes to Go in St. George's Parking Lot; 12pm Service in Downtown Center Park;
6pm Service in Sanctuary



April 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 <i>Al-Anon 10:30am</i> 5pm Stations of the Cross at St. David's	2
3 Lent 5 Service 9am	4 <i>AA 6:30pm</i>	5 <i>AA Noon</i> Lenten Bible Study 12:15p	6 <i>AA 6:30pm</i>	7 <i>AA Noon</i> Lenten Supper 6pm	8 <i>Al-Anon 10:30am</i> 5pm Stations of the Cross at St. George's <i>AA 7pm</i>	9 Men's Breakfast 8:00 am Hen House
10  Palm Sunday Procession 8:30 Service 9 am	11 <i>AA 6:30pm</i>	12 <i>AA Noon</i>	13 <i>AA 6:30pm</i>	14 <i>AA Noon</i> Maundy Thursday Agape Meal 6pm	15 <i>Al-Anon 10:30</i> Good Friday services 12pm, 3pm, & 6pm, see note <i>AA 7pm</i>	 Easter Vigil 7:15 pm
17  Easter Service 9 am	18 <i>AA 6:30pm</i>	19 <i>AA Noon</i>	20 <i>AA 6:30pm</i>	21 <i>AA Noon</i>	22 <i>Al-Anon 10:30am</i> <i>AA 7pm</i>	23 <i>Baby Blessings 10a-12p</i> 
24 Easter 2 Contemplative Service 9 am	25 Pinnacle Service 10:30 am <i>AA 6:30pm</i>	26 <i>AA Noon</i>	27 <i>AA 6:30pm</i>	28 <i>AA Noon</i>	29 <i>Al-Anon 10:30am</i> <i>AA 7pm</i>	30

Notes: Good Friday services 12:00pm Solemn service with Veneration of the Cross; 3:00pm Stations of the Cross; 6:00pm Solemn service with Veneration of the Cross



The 2022 Vestry

*The Vestry has been elected to serve you
and is always available to listen and to act.*

Keren Gilpatrick, Senior Warden (2022-2025)

Sara Gauthier, Junior Warden (2021-2024)

Maria Lantagne, Treasurer

Mary Field (2020-2023)

Donna Hansen (2021-2024)

Rachel Driscoll (2021-2024)

Gary Samia (2022-2025)

Cathy Larson (2022-2025)

Vicky Lynn (2022-2023)

Rev. Lauren Kay, Rector

Rev. Jean Cavanaugh, Deacon



We need You!

What are your talents and spiritual gifts? Where are you called to serve? Please see the list of Ministry Teams and Committees at the back of the church and on the bulletin board to see where you might serve. If you have an idea for something you don't see, please talk with Rev. Lauren. Thank you to those who lead and serve in our church!

St. George's Episcopal Church Sunday services at 9:00am

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Rev. Lauren Kay, Rector

Rev. Jean Cavanaugh, Deacon

Dr. Morton Gold, Organist

For pastoral care, please contact

Rev. Lauren Kay at (207) 370-1010

or email: revlaurenkay@gmail.com



Crossroads

Spring 2022

Our Mission Statement:

*We are a welcoming, accepting Christian
Community that worships God through
Jesus Christ fostering love, learning,
and spiritual growth which enables us
to reach out in service to others.*